**Bethany Beach Suggested Packing List**

* Clothing for a week at the beach
* Bedding i.e. sheets, pillows with pillow case, blankets, sleeping bag. (We provide the mattress.)
* Bathing Towels and Washcloths
* Beach Towels. This should be a separate towel from your everyday shower-towel.
* Jackets or Sweatshirts for air-conditioned conference center and cool evenings or mornings
* Two sets of underwear for each day
* Bathing Suit (church camp-appropriate/modest coverage)
* Toiletries (soap, toothbrush, toothpaste, shampoo, feminine products, etc.)
* Money for in-town shopping (i.e. ice-cream, snacks, etc.)
* Musical instruments
* Sunscreen (SP 40 or greater)
* Insect Repellent
* Umbrella
* Shoes for Walking/ Physical Activity
* Sandals/ Flip Flops

For High School/CYF Conference only: one nice outfit for Friday night closing dinner

PLEASE **DO NOT BRING** THE FOLLOWING ITEMS:

* Pets
* Weapons (knives or any other instruments that could be considered as weapons)
* Non- Prescription Drugs (ALL medications (prescribed and over the counter medications) including, but not limited to, Tylenol, Ibuprofen, Aleve, Cold Medications, etc. MUST be given to the camp designated medical personnel on staff upon arrival- no exceptions!
* Any Alcohol, Cigarettes, e-Cigarettes, Vaping or Tobacco Products, JUULS, Marijuana, etc.
* Anything considered to be of great value

(Please note: Possession of these items during camp events or on camp managed property may be grounds for being sent home at the participant’s or parent/guardian’s expense.)